



Monroe Public Schools

Student Medical Team
1275 N. Macomb Street
Monroe, Michigan 48162
Office 734-265-3873 Fax 734-265-3801

Is your child too Sick for School?

When your child feels under the weather, keeping him home may protect him from further infection and avoid spreading the illness to other students.

As a rule of thumb, a child should stay home if there is:

- **A fever of 100° F or higher.** Children with fever should stay home until there is no fever for 24 hours (without taking Tylenol, Motrin, Advil, etc.).
- **Diarrhea & vomiting** – A child should be symptom-free for 24 hours and be able to hold down food and fluids before returning to school.
- **Frequent and/or persistent cough** – If your child's cough is worse than you might expect with a common cold, you need to consult your child's doctor. You should do so immediately if the child is not acting normal, has a fever, or has any difficulty breathing.
- **Flu** – Symptoms include body aches, high fever, chills, congestion, sore throat and vomiting. The child should stay home until these symptoms improve.
- **Pinkeye, or conjunctivitis** – can be caused by a virus, bacteria, or allergy. The eye will be reddened and a cloudy or yellow discharge is usually present. The child should stay home until drainage from eyes has cleared, or doctor approves return to school.
- **Sore throat** – If diagnosed with strep throat, a child may NOT return to school until 24-48 hours after the first dose of antibiotics was given and is fever-free.
- **Widespread rash** – The child should see his doctor for diagnosis and treatment.

Whenever there is doubt in your mind about sending your child to school, consult your child's doctor before doing so. A phone consultation may be all that is necessary, or your child's doctor may need to see the child in the office.

All of these illnesses can be easily spread, both in school and in the family. **Keep in mind that hand washing is the single most important thing you can teach your child to do to help prevent the spread of infections.**

Student absences – Please call in each day's absence with your name, your child's name, teacher's name and the date and reason for the absence.

Absence of 3 or more days – The child should return to school with a doctor's note indicating the medical diagnosis and the date they should return to school.

NOTICE OF NONDISCRIMINATION

It is the policy of Monroe Public Schools not to discriminate on the basis of race, color, national origin, gender, age, disability, religion, height, weight or marital status in its programs, services, employment, or any other activities. For information contact the office of the Superintendent, 1275 N. Macomb St., Monroe, MI 48162, (734)-265-3070