PLAN OF ACTION

IN THE EVENT OF

SEIZURES

1. Keep Calm
2. Lay child down on his or her side to keep tongue from falling back into mouth and to prevent aspiration. **DO NOT** put anything in mouth.
3. Do not restrain movements.
4. Loosen belt or any tight clothing.
5. Protect from injury. Keep environment safe. Remove objects that could cause harm.
6. Stay with child throughout seizure.
7. Call 911 for seizure lasting longer than \_\_\_\_\_ minutes **OR** with any Respiratory or Cardiac distress.
8. Notify parents immediately.
9. Document Seizure Activity on Seizure Log.
10. Details of seizure need to be reported to School Principal and a Member of the Medical Team.